

**FAMILY YMCA AT TARRYTOWN POOL SCHEDULE**  
**Spring 1 Schedule February 1, 2010 through April 18, 2010 (9 Weeks)**  
**SUBJECT TO CHANGE**

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY	
5:00 AM	<b>ADULT LAP SWIM</b> <b>MONDAY, WEDNESDAY &amp; FRIDAY 5:00 AM - 9:00 AM</b> <b>TUESDAY &amp; THURSDAY 5:00 AM - 9:30 AM</b>					<b>CLOSED</b>		
5:30 AM								
6:00 AM								
6:30 AM								
7:00 AM								
7:30 AM								
8:00 AM								
8:30 AM						7:00 AM - 8:30 AM ADULT LAP SWIM	7:00 AM - 9:00 AM ADULT LAP SWIM	
						8:30 AM - 9:00 AM PERCH 12-36 PIKE		
9:00 AM	MAINTENANCE 9:00 AM - 9:45 AM	ADULT LAP SWIM 9:00 AM - 9:30 AM	MAINTENANCE 9:00 AM - 9:30 AM	ADULT LAP SWIM 9:00 AM - 9:30 AM	MAINTENANCE 9:00 AM - 9:30 AM	9:05 AM - 9:35 AM PERCH 19-36 PIKE EEL	9:00 AM - 9:30 AM PIKE EEL RAY	
9:30 AM	9:45 AM - 11:15 AM NURSERY SCHOOL	9:30 AM - 10:00 AM PIKE	9:30 AM-10:00 AM PERCH PLUS	9:30 AM-10:00 AM PIKE	9:30 AM - 10:30 AM BOCES	9:40 AM - 10:10 AM PERCH + PIKE PIKE	9:35 AM - 10:20 AM POLLIWOG GUPPY FISH	
9:45 AM		10:00 AM - 10:30 AM PERCH 19-36	10:00 AM - 10:30 AM SKI 6 - 18	10:00 AM - 10:30 AM PERCH PLUS		10:15 AM - 11:00 AM POLLIWOG GUPPY PRIVATE	10:25 AM - 11:10 AM POLLIWOG MINNOW FLYING FISH	
10:00 AM		10:30 AM-11:15 AM WATER WHEELERS	10:30 AM-11:00 AM PERCH 19-36	10:30 AM-11:15 AM WATER WHEELERS		10:30 AM - 12:00 PM ADULT RECREATIONAL		11:05 AM - 11:50 AM FISH FLYING FISH SHARK/PORPOISE
10:30 AM		11:15 AM - 12:00 PM ADULT RECREATIONAL	11:00 AM-12:00 PM H <sub>2</sub> O AEROBICS & ADULT RECREATIONAL	11:15 AM-12:00 PM H <sub>2</sub> O AEROBICS & ADULT RECREATIONAL	11:55 AM - 12:25 PM PIKE PIKE EEL		11:50 AM - 12:20 PM PERCH PLUS PIKE EEL	
10:45 AM			11:15 AM - 12:00 PM ADULT RECREATIONAL	11:15 AM - 12:00 PM ADULT RECREATIONAL	12:30 PM - 1:15 PM POLLIWOG GUPPY MINNOW			12:25 PM - 12:55 PM PIKE PRIVATE
11:00 AM								1:00 PM - 1:30 PM PRIVATES
11:30 AM							1:30 PM - 2:00 PM PIKE EEL	1:30 PM - 2:00 PM FAMILY PRE-K SWIM
12:00 PM	<b>ADULT LAP SWIM</b> <b>MONDAY THROUGH FRIDAY 12:00 PM - 1:30 PM</b>					2:00 PM - 3:15 PM ADULT LAP SWIM	2:00 PM - 2:45 PM FAMILY SWIM	
12:30 PM						2:00 PM - 3:30 PM ADULT LAP SWIM	2:45 PM - 3:30 PM YOUTH REC. SWIM & FAMILY SWIM	
1:00 PM						3:15 PM - 3:45 PM FAMILY PRE-K SWIM	3:30 PM - 5:45 PM ADULT LAP SWIM	
1:30 PM	1:30 PM - 2:00 PM PIKE	1:30 PM - 2:00 PM PIKE	1:30 PM - 2:00 PM 1:30-2:00 pm St. Jude Pool Rental	1:30 PM - 2:00 PM POOL CLOSED	1:30 PM - 2:00 PM PIKE	3:45 PM - 4:45 PM FAMILY SWIM		
2:00 PM	2:00 PM - 3:30 PM ADULT LAP SWIM	2:00 PM - 3:00 PM ADULT LAP SWIM	2:00 PM - 3:30 PM ADULT LAP SWIM	2:00 PM - 3:00 PM ADULT LAP SWIM	2:00 PM - 3:30 PM ADULT LAP SWIM	4:00 PM - 4:45 PM POLLIWOG FLYING FISH SHARK/PORPOISE	3:30 PM - 5:45 PM ADULT LAP SWIM	
2:30 PM		3:00 PM - 3:30 PM FAMILY PRE-K	3:00 PM - 4:00 PM PIKE EEL PRIVATE	3:00 PM - 4:00 PM PIKE EEL	3:00 PM - 3:30 PM FAMILY PRE-K			3:30 PM - 4:00 PM PIKE EEL/RAY PRIVATE
3:00 PM	3:30 PM - 4:00 PM PIKE EEL	3:30 PM - 4:45 PM POLLIWOG MINNOW FLYING FISH	3:30 PM - 4:45 PM POLLIWOG GUPPY MINNOW	3:30 PM - 4:45 PM POLLIWOG FLYING FISH SHARK/PORPOISE	3:30 PM - 4:00 PM PIKE EEL RAY	4:00 PM - 4:45 PM GUPPY MINNOW FISH Briarcliff lessons spring	3:30 PM - 5:45 PM ADULT LAP SWIM	
3:30 PM								4:45 PM - 5:30 PM YOUTH RECREATIONAL SWIM
4:00 PM	4:00 PM - 4:45 PM POLLIWOG GUPPY	4:00 PM - 4:45 PM POLLIWOG MINNOW FLYING FISH	4:00 PM - 4:45 PM POLLIWOG GUPPY MINNOW	4:00 PM - 4:45 PM POLLIWOG FLYING FISH SHARK/PORPOISE	4:00 PM - 4:45 PM GUPPY MINNOW FISH Briarcliff lessons spring	4:45 PM - 5:45 PM ADULT LAP SWIM		
4:30 PM	4:45 PM - 5:30 PM YOUTH RECREATIONAL SWIM	4:45 PM - 5:30 PM POLLIWOG GUPPY FISH	4:45 PM - 5:30 PM YOUTH RECREATIONAL SWIM	4:45 PM - 5:30 PM POLLIWOG GUPPY MINNOW/FISH	4:45 PM - 5:30 PM YOUTH RECREATIONAL SWIM	4:45 PM - 5:30 PM YOUTH RECREATIONAL SWIM	4:45 PM - 5:45 PM ADULT LAP SWIM	
5:00 PM								5:30 PM - 6:30 PM ADULT LAP SWIM
5:30 PM	6:30 PM - 8:15 PM SHARKS SWIM TEAM Ends 3/8/10 Lap Swim on 3/15 & 3/22 Competitive Starts 4/5/10	6:15 PM - 8:00 PM SHARKS SWIM TEAM Ends 3/9/10 Lap Swim on 3/16, 3/23, 4/6, 4/13	6:30 PM - 8:15 PM SHARKS SWIM TEAM Ends 3/10/10 Lap Swim on 3/17 & 3/24 Competitive Starts 4/7	6:15 PM - 8:00 PM SHARKS SWIM TEAM Ends 3/4/10 Lap Swim on 3/11, 3/18, 3/25, 4/8, 4/15	6:30 PM - 8:00 PM SHARKS SWIM TEAM Ends 3/5/10 Lap Swim on 3/12, 3/19 & 3/26 Competitive Starts 4/9	<b>POOL CLOSED</b> <b>Birthday Party when</b> <b>scheduled</b> <b>6-8 pm</b>	<b>POOL CLOSED</b>	
6:00 PM		8:00 PM - 9:00 PM H <sub>2</sub> O AEROBICS	8:15 PM - 10:00 PM ADULT LAP SWIM	8:00 PM - 9:00 PM H <sub>2</sub> O AEROBICS	8:00 PM - 8:45 PM FAMILY SWIM			
6:15 PM		8:15 PM - 10:00 PM ADULT LAP SWIM	9:00 PM - 10:00 PM ADULT LAP SWIM	ADULT SWIM LESSONS 8:15-9:15 PM	9:00 PM - 10:00 PM ADULT LAP SWIM			8:45 PM - 10:00 PM ADULT LAP SWIM
6:30 PM								
7:00 PM								
7:30 PM								
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