



Family YMCA at Tarrytown

62 Main Street
Tarrytown, New York 10591
Ph: 914-631-4807 • Fax: 914-631-4841
www.ymcatarrytown.org

We build strong kids, strong families, strong communities.

February 1, 2010

Dear Swim Lesson Parent:

The aquatics staff at the Family YMCA at Tarrytown welcomes you into our swim program for the spring 1 session. We are very pleased that you have decided to continue your support of our high quality swim instruction program.

Spring 1 session begins Monday, February 1, 2010, and ends Sunday, April 18, 2010. This session is 9 weeks in length.

Please be advised there will be NO SWIMMING CLASSES held on the following dates and they are not counted as part of the 9 week session:

- February 15th through February 21st for Mid-Winter Break
- March 29th through April 4th for Spring Break

In the event that we have to cancel classes due to a snow or ice storm all participants will be contacted by phone. Refunds or class credits will not be offered for class cancellations due to inclement weather. (Inclement weather includes lightning and thunder). If the YMCA has to cancel a class a make up class will be held the week of buddy swim.

Please note the following policies and procedures:

- When entering the building, please leave your child's membership card at the Member Service Desk.
- **Please keep shoes and strollers out of the shower area and off the pool deck.**
- Cell phone use in the pool is prohibited. If you must have your phone on you, please leave it on vibrate and answer your calls outside the pool area.
- Boys aged 5 and older may not change in the women's locker room. Girls 5 and older may not change in the men's locker room. We have a family change room in the lobby for your use.
- All participants should use the restroom before class starts.
- Children who are not toilet-trained are required to wear "swim diapers" in the water. Regular diapers are not permitted. According to the NYS Dept. of Health, Chapter 1, Subpart 6-1.24, pollution of swimming pools is prohibited and will result in the closure of the pool.
- Bathing caps are **REQUIRED** for all children with chin length or longer hair.
- Instructors will meet their classes in the lobby area to escort them into the pool area.

At the end of class:

- o All participants ages 3 to 4 will be escorted into the women's locker room.
 - Parents or caregivers need to inform the aquatic staff if participants need to be brought to the men's locker room or will be picked up from class early.
 - Children who are not met by a parent or guardian will be brought back onto the pool deck and will be seated on the bleachers until a parent/guardian comes to get them.
- o All participants ages 5 to 14 will be sent into the locker rooms unescorted.
- **Make-up classes will be permitted at the discretion of the aquatics director, if space is available.** Classes must be made up during the current session. To reschedule a class please contact Melissa Weaver, Aquatics Director/Financial Aid Administrator at (914) 631-4807 ext. 14 or via email at Melissaw@ymcatarrytown.org
- During Program Viewing classes, weeks 1, 4, 8 and 9 parents are asked to:
 - o Enter and exit via the double doors in the lobby.
 - o Be seated on the second and third rows of the bleachers.
 - o Remain seated until the participants have retrieved their towels.

Mark Your Calendars Important Dates:

Week 1: Monday, February 1st- February 7th Parent Viewing Week

Parents or guardians are welcome to watch lessons from the bleachers pool side during this week.

Monday, February 15th – Sunday, February 21st Mid Winter Break , No Classes

Week 4: Monday, March 1st – Sunday, March 7th Parent Viewing Week

Parents or guardians are welcome to watch lessons from the bleachers pool side during this week.

Week 6: Monday, March 15th – Sunday, March 21st

Participant Evaluations & Priority Registration

All children will receive an evaluation of their swimming skills. Along with each evaluation, the child will receive a slip of paper stating the level he or she should register for. Registration tickets (pick tickets) **will be available during** your child's class so that you may register. **Evaluations will be filled out even if your child is not in class this week; these evaluations will be available at the Member Service Desk.**

Week 7: Monday, March 22nd – March 28th Safety Week

Participants ages 3 and older should bring a set of clothing to wear in water to experience the effect of swimming with clothes on. The children will also learn how to use lifejackets and some basic boating safety as well as reaching and throwing assists and ice safety.

Monday, March 29th- Sunday, April 4th Spring Break, No Classes

Week 8: Monday, April 5th – Sunday, April 11th

Parent Viewing Week & Program Evaluations

The final time parents or guardians are welcome to watch lessons from the bleachers pool side. Evaluations are circulated to all of our participants/parents to evaluate the YMCA's program. This feedback enables the YMCA to ensure high quality programming and to make changes where needed.

Week 9: Monday, April 12th – Sunday, April 18th

Parent Viewing/Buddy Swim/Make Up Classes*

All children may invite a friend, sibling or parent to swim in the water with them.

***Make up classes will be held in place of buddy swim if the YMCA needs to cancel a class due to inclement weather during this session.**

As always, please feel free to contact **Melissa Weaver, Aquatics Director/Financial Aid Administrator** at (914) 631-4807 ext. 14 or via email at Melissaw@ymcatarrytown.org with any concerns. Again, thank you for supporting our programs that build strong kids, strong families and strong communities.

Sincerely,

Melissa Weaver

Melissa Weaver

Aquatics Director/Financial Aid Administrator