

Family YMCA at Tarrytown
2010 Summer Gym Schedule
June 28, 2010 through August 29, 2010

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY			
5:00 AM	OPEN GYM 5:00 AM - 8:00 AM	OPEN GYM 5:00 AM - 8:00AM	OPEN GYM HALF COURT ONLY	OPEN GYM 5:00 AM - 8:00 AM	OPEN GYM 5:00 AM - 8:00 AM	CLOSED				
6:00			Y DANCE PROGRAM 6:00 AM - 7:30 AM							
6:30										
7:00										
7:30			TAKE DOWN 7:30-8:00 AM			OPEN GYM 7:00AM - 8:30AM	OPEN GYM 7:00AM - 8:30AM			
8:00	Y CAMP 8:00-9:00 AM	Y CAMP 8:00-11:30 AM	Y CAMP 8:00-9:00 AM	Y CAMP 8:00-9:00 AM	Y CAMP 8:00-9:00 AM	OPEN GYM 8:30AM-10:30AM	SET UP			
8:30	SET UP 9:00-9:30 AM		SET UP 9:00-9:30 AM	SET UP 9:00-9:30 AM	SET UP 9:00-9:30 AM		VINYASA YOGA 8:45-9:55 AM			
9:00	Y DANCE PROGRAM 9:30 AM - 12:15 PM		Y DANCE PROGRAM 9:30 AM - 11:00 AM	Y DANCE PROGRAM 9:30 AM - 11:00 AM	Y DANCE PROGRAM 9:30AM - 12:00PM		ADULT OPEN BASKETBALL 10:00-12:00			
9:30	SET UP 11:30-12:00 PM		Y CAMP 11:00AM - 12:00PM	OPEN GYM HALF COURT 11:00 AM-12:00 PM						
10:00	TAKE DOWN 12:15-12:30	Y DANCE PROGRAM 12:00PM-2:00PM	TAKE DOWN 12:00-12:30 PM	Y DANCE PROGRAM 12:00-2:00 PM	ADULT OPEN BASKETBALL (18 & OVER) 12:30PM - 2:00PM	Y DANCE PROGRAM 11:00AM - 2:30PM	ADULT OPEN BASKETBALL 10:00-12:00			
10:30	ADULT OPEN BASKETBALL (18 & OVER) 12:30PM - 2:00PM		ADULT OPEN BASKETBALL (18 & OVER) 12:30PM - 2:00PM					ADULT OPEN BASKETBALL (18 & OVER) 12:30PM - 2:00PM		
11:00	Y CAMP 2:00-3:30 PM		TEEN BASKETBALL HALF COURT 2:00-3:30 PM					TEEN BASKETBALL HALF COURT 2:00-3:30 PM	TEEN BASKETBALL HALF COURT 2:00-3:30 PM	Y DANCE PROGRAM 11:00AM - 2:30PM
11:30	SET UP 3:30-4:00 PM		Y CAMP 3:30-6:00 PM					SET UP 4:00-4:30 PM	Y CAMP 2:00-6:00 PM	ADULT OPEN BASKETBALL (18 & OVER) 12:30PM - 2:00PM
12:00 PM	Y DANCE PROGRAM 4:00-8:00 PM	Y DANCE PROGRAM 4:30 PM-8:00PM		Y DANCE PROGRAM 3:30-8:30 PM	ADULT OPEN BASKETBALL (18 & OVER) 12:30PM - 2:00PM	SET UP 5:15 pm				
12:30	TAKE DOWN 8:00-8:30 PM	Y DANCE PROGRAM 6:00PM - 10:30PM		TAKE DOWN 8:00-8:30 PM	TEEN BASKETBALL 6:00-8:00 PM	BIRTHDAY PARTIES 5:30PM - 7:00PM				
1:00	ADULT OPEN VOLLEYBALL (18 & OVER) 8:30PM - 10:30PM	Y DANCE PROGRAM 6:00PM - 10:30PM		ADULT OPEN VOLLEYBALL (18 & OVER) 8:30PM - 10:30PM	TAKE DOWN 8:30-9:00 PM	ADULT OPEN BASKETBALL (18 & OVER) 8:00-10:00 PM				
1:30	Y DANCE PROGRAM 4:00-8:00 PM		ADULT OPEN VOLLEYBALL (18 & OVER) 8:30PM - 10:30PM	OPEN GYM 9:00-10:30 PM						
2:00	TAKE DOWN 8:00-8:30 PM									
2:30	CLOSED		CLOSED	CLOSED	CLOSED	CLOSED				
3:00										
3:30										
4:00										
4:30										
5:00										
5:30										
6:00										
6:30										
7:00										
7:30										
8:00										
8:30										
9:00										
9:30										
10:00 PM										
10:30 PM										

SCHEDULE SUBJECT TO CHANGE

UPDATED 6/8/10